

Allergen Matrix Summer 2026 - Week 1



Week 1 Monday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Wholemeal Pasta Bolognaise														
Tomato And Veggie Pasta Bake														
Peas/ Sweetcorn														
Salad Bar														
Mousse and Fruit														
Yogurt														
Week 1 Tuesday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Ham Baguette														
Cheese Baguette														
Tuna Mayo Baguette														
Jam Baguette														
Coronation Quorn Baguette														
Tortilla Chips														
Marble Cake														
Yoghurt														
Fresh Fruit														
Week 1 Wednesday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Roast Beef and Gravy														
Yorkshire Pudding														
Veggie Toad in the Hole														
Roast Potatoes														
Seasonal Veg														
Ice Cream and Fruit														
Yoghurt														
Fresh Fruit														
Week 1 Thursday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Sausage Roll														
Cheesy Whirl														
Tatter Tots														
Peas														
Lemon Drizzle Cake														
Fresh Fruit														
Yogurt														
Week 1 Friday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Fish Fingers														
Cheese and Tomato Frittata														
Baked Beans														
Chips														
Biscuit Choice														
Yoghurt														
Fresh Fruit														

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Allergen Matrix Summer 2026 - Week 2



Week 2 Monday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Chicken Tikka Masala														
Sweet Potato and Chickpea Curry														
Rice														
Naan Bread														
Mixed Vegetables														
frozen Yogurt/ Icecream														
Fruit														
Yogurt														
Week 2 Tuesday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Wholemeal Pasta and Meatballs in a Tomato Sauce														
Veggie Meatballs														
Seasonal Vegetables														
Old School Cake														
Yoghurt														
Fresh Fruit														
Week 2 Wednesday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Roast Chicken in Gravy														
Stuffing														
Roast Quorn Fillet														
Roast Potatoes														
Seasonal Vegetables														
Apple Flapjack														
Yoghurt														
Fresh Fruit														
Week 2 Thursday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Ham Baguette														
Cheese Baguette														
Tuna Mayo Baguette														
Jam Baguette														
Tortilla Chips														
Salad Bar														
Yoghurt														
Fruit and Jelly														
Week 2 Friday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Sausages														
Vegan Sausages														
Chips														
Baked Beans														
Peas														
Biscuit Choice														
Yoghurt														
Fresh Fruit														

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Allergen Matrix Summer 2026 - Week 3



Week 3 Monday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Beef Chilli														
3 Bean Chilli														
Rice														
Peas/ Sweetcorn														
Choc Ice														
Fresh Fruit														
Yogurt														
Week 3 Tuesday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Chicken Burger														
Vegan "Chicken" Burger														
Wedges														
Coleslaw														
Shortbread and Fruit														
Yoghurt														
Fresh Fruit														
Week 3 Wednesday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Roast Pork and Gravy														
Spanish Omelette														
Yorkshire Pudding														
Roast Potatoes														
Seasonal Vegetables														
Rocky Road Cake														
Yoghurt														
Fresh Fruit														
Week 3 Thursday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Meat Pizza														
Cheese Pizza														
Pasta Salad														
Salad Bar														
Yogurt														
Fresh Fruit														
Week 1 Friday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Breaded Fish														
Veggie Fingers														
Chips														
Beans														
Biscuit Choice														
Yoghurt														
Fresh Fruit														

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