

Cliffe Woods Primary School - Gluten Free Spring Menu 2026

Week One - w.c. 9th and 30th March

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	G/F Meat Pizza	G/F Sausage	Roast Chicken and Gravy	Chicken Tikka Masala	G/F Fish
Vegetarian	G/F Margherita Pizza	Jacket Potato	Roast Quorn and Gravy	Sweet Potato & Chickpea Tikka Masala	
Sides	Potato Wedges Salad Bar	Tater Tots Beans Vegetable Sticks	Roast Potatoes Broccoli Carrots	Rice Mixed Vegetables	Chips Baked Beans Peas
Dessert	Mousse and Fresh Fruit	G/F Cookie	G/F Cake	Ice Cream & Fruit	G/F Shortbread Biscuit

Available Daily: Fresh Bread, Jacket Potatoes (Cheese/Beans/Tuna Mayo), Salad Bar, Fresh Fruit and Yogurts

Week Two - w.c. 23rd February and 16th March

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	G/F Chicken Meatballs	Jacket Potato	Roast Pork	G/F Ham Baguette	G/F Sausages (with ketchup available)
Vegetarian	G/F Pasta Arrabbiata		Roasted Vegetable Frittata	G/F Cheese Baguette	Quorn Sausages
Sides	Sweetcorn Peas		Roast Potatoes Cauliflower Carrots	Tortilla Chips Salad Bar	Chips Baked Beans Peas
Dessert	G/F Cake	G/F Muffin	Ice Cream and Fruit	Fruit and Custard	G/F Shortbread Biscuit

Available Daily: Fresh Bread, Jacket Potatoes (Cheese/Beans/Tuna Mayo), Salad Bar, Fresh Fruit and Yogurts

Week Three - w.c. 2nd and 23rd March

	Monday	Tuesday	Wednesday	Thursday	Friday
Main		Sweet & Sour Pork	Beef and Gravy	G/F Pasta Bake	G/f Breaded Fish
Vegetarian	G/F Vegan Chicken Burger in a Bun	Sweet & Sour Quorn		Roasted Vegetable and Lentil Pasta	
Sides	Potato Wedges Homemade Coleslaw	Rice Mixed Vegetables	Roast Potatoes Green Beans Carrots	Peas Sweetcorn	Chips Coleslaw
Dessert	G/F Shortbread Biscuit	G/F Rocky Road Brownie	Jam Sponge and Fruit	Jelly	G/F Shortbread Biscuit

Available Daily: Fresh Bread, Jacket Potatoes (Cheese/Beans/Tuna Mayo), Salad Bar, Fresh Fruit and Yogurts

WORLD BOOK DAY SPECIAL MENU - Thursday 5th March

***BY POPULAR DEMAND* Cheeseburger in a Bun, Veggie Burger in a Bun, Ice Cream**