

# Cliffe Woods Sports

Excellence From All

## Sporting Achievements

It has been a busy and very successful sporting start to 2024 with children participating in a variety of sport events, including Mini Youth Games Swimming and Table Tennis, Medway Schools Cross Country Series and Trust events. We have had many successes, including the Medway Schools Cross Country Series, Athletics competitions and the Swimming event.

## Mini Youth Games Swimming Champions Series - 3rd place!



In January swimmers from Years 5 and 6 swam in several individual and relay races. Almost every swimmer was placed in the top three. This meant that overall the team finished in third place, which is a fantastic achievement!

## Key Dates - Term 5 & 6

16th April - MYG Netball Champions

23rd April - MYG Netball Cup

25th April - MYG Netball Plate

9th May - PSG Girls only Football and KWIK Cricket Festival

21st May - MYG Tag Rugby Champions

23rd May - MYG Tag Rugby Cup and Plate

4th June - MYG Football Champions

6th June - MYG Football Cup and Plate

6th June - Trust Football (Years 3 & 4)

20th June - Girls' Football

25th June - MYG Cricket Champions

27th June - MYG Cricket Cup and Plate

27th June - Boys' Football

10th July - MYG Athletics

16th July - Trust Athletics

**Please note: These dates may be subject to change and additional dates may be added. Letters are usually given to selected children a week or two prior to the event taking place.**

## Cross Country Success

Following an impressive start to the Cross Country Series with many top three results and team first places, the cross country teams performed incredibly well in the final two events of the competition.



### Race 3: Capstone

In the first week of Term 3, determined runners from Years 4, 5 and 6 took part in the third event of the Cross Country Series.

Several children were placed in the top three runners in their event. Mason, Year 6, and Logan, Year 5, ran incredibly well to both be placed first in their races. In the Year 4 events, Ellie came second in the girls' race with George finishing in third place in the boys' race. Every team was placed in the top three which was a fantastic achievement. The Year 6 boys' team again won the first place trophy; Year 4 boys and Year 5 girls were placed second with the remaining teams finishing in third place.

These results meant that it was all 'to play for' in the run up to the final event on 28th February. We entered this event in second place out of 11 teams.

### Race 4: Medway Park

The final event of the Cross Country Series was held at Medway Park. This race started and finished on the track with several laps around it on the grass. It was the furthest of all four races.

Aware of the importance of the race in terms of overall positioning, every child ran their race with enthusiasm, resilience and the determination to perform as well as they could.

Again, we had runners placed in the top three in most of the races. Logan finished first in the Year 5 boys' race, George was second in the Year 4 boys' race and Lorelei, Year 4, and Conifer, Year 5, were placed third in their respective races.



The final race of the day was the Year 6 boys' race, which was an excellent display of courage, maturity and resilience. Favourite to win, Mason, comfortably led from the front and was closely followed by Fletcher and Heath. It was fantastic to watch all three sprint down the track to finish in first, second and third. This impressive win meant that the Year 6 boys' team picked up the first place trophy yet again! With three runners finishing in the top seven, the Year 4 girls also won the first place trophy. Finishing in second place were the Year 4 boys and both Year 5 teams with the Year 6 girls in third place.

### Final Results:

Tension was growing as the results were being announced for the series. After the fantastic performances at Medway Park, everyone knew that the overall results would be very close and hoped that we had done enough to grasp the first place trophy. Awards were also rewarded for the top three individuals in each group; the top three teams and top girls and top boys team.

Mason's impressive victory in the Year 6 boys' race meant that he secured the top position in this age group. Logan and George came second in the Year 5 and 4 boys' races whilst Conifer achieved second place in the Year 5 girls and Lorelei was third in the Year 4 girls. Winning all their team races, the Year 6 boys took the first place position in this event. The Year 4 girls' team also won their group.



Anticipation rose once it was announced that Cliffe Woods was placed second in both the Girls and Boys Team Shields. Overall, the team was narrowly beaten to second place in the Combined Team Award by only four points!

Well done to all the children who participated throughout the Cross Country Series.

## Football at Charlton Athletic

Last week, a team of eight footballers competed in the Charlton Athletic Boys School Spring Shield Competition.

Despite finishing joint top in their group on points, they were unfortunate not to progress to the semi final stages as they were placed second based on goal difference.

This team should be very proud of themselves as they have made great progress.





## Awesome athletes

Budding athletes from Years 5 and 6 took part in a couple of Sportshall Athletics Competitions, which involved running, jumping and throwing events.

In the first event, held at Medway Park, the team finished in third place.

There were some fantastic individual performances. Several of our athletes finished in the top three positions. Logan S and Janet both jumped impressively in the standing long jump; Bethany B jumped over five metres in the standing triple jump; Emerson was impressive in the vertical jump and Fletcher achieved seven metres in the chest push. The sprint teams of Emily and Janet and Fletcher and Ethan finished in second and third places and the boys relay were placed third.

A few weeks later, a team of athletes participated in a competition held at Mote Park. Overall, Cliffe Woods finished in second place, with both the girls and boys teams winning Silver medals.



Again, we had some impressive individual performances. Bethany B came first in the chest push and standing triple jump; Mason came first in the standing triple jump and speed bounce and Fletcher came first in the chest push.

Mia was second in the standing long jump with Emily and Ella Rae finishing third and fourth in the speed bounce. Heath was placed third in the standing triple jump and Willow B was fourth in the javelin. The majority of the running races were placed in the top three with Ethan and Fletcher winning their sprint race.

## It's the taking part that matters ...

As much as we enjoy winning a trophy, sport is also about participation. By the end of Term 4, just over 75% of children in Year 6 will have competed in at least one sports event. By the end of the school year, every child in Year 6 who would like to compete will have done so.

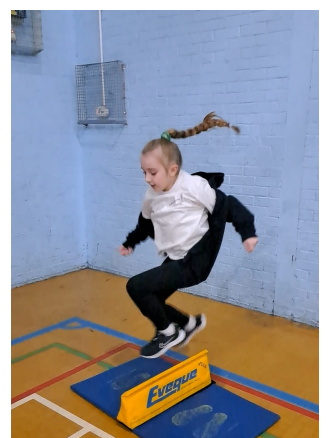
The majority of our events are for children in Years 5 and 6 to participate in so it has been great that children from younger year groups have also been given the opportunity to represent the school in sport. This year we have participated in more events and extended these to the younger year groups to promote an enjoyment of sport; encourage participation and develop teamwork and resilience skills.

## Multi Skills Events

This year, children in Years 1, 2 and 4 have competed in Multi Skills events. Multi skills involves a range of activities focusing on balance, co-ordination and movement. Children participated in activities such as speed bounce, one-legged balances, clap and catch with a beanbag and sideways shuffle.

In the Year 4 Multi-skills event the team performed incredibly well with each child either gaining a Gold or Silver certificate for their achievements. The Year 1 and 2 children were also awarded with several Gold and Silver certificates.

Well done to all the children who represented Cliffe Woods in these competitions.



## Inter House Speed Bounce Competition

Over the last few weeks, Sports Leaders have been running an Inter House Speed Bounce Competition to find who can bounce the quickest and get the most bounces over 30 seconds. Well done to everyone who took part as you have earned house points. These are the final results:

Year 3 Girls: Jessica

Year 3 Boys: Sahib

Year 4 Girls: Lorelei and Daisy

Year 4 Boys: Blake

Year 5 Girls: Mia

Year 5 Boys: Jayden

Year 6 Girls: Ella Rae

Year 6 Boys: Mason



# Mini Youth Games Table Tennis

Following a very successful Inter House Table Tennis competition, we selected our three teams to participate in the Mini Youth Games. In all the competitions, we had some very close matches, with some matches coming down to the last point in the third set!

In the Champions Series, the team met with some very tough opposition and played incredibly well. They finished in a very commendable 7th position.

Both the Cup and Plate teams played very well. For several children this was their first Mini Youth Games event and they represented the school very well.



# Trust Basketball

Recently, we entered a team into the Trust Basketball competition. The team played four matches in a group stage and topped the group. They progressed to the semi finals and were narrowly defeated. This meant that they finished in third place which was a great result!



# Sports for Schools

We are excited to welcome basketball player, Joseph Ikhinmwin, into our school next term. This is part of the Sports for Schools Partnership. Your child will take part in a circuit with the athlete. If possible, it would be great if you are able to support your child with raising sponsorship for this event. Forms are being sent home today.

## House Shield Competition Winners!

Following the launch of our four Houses, Henshaw, Pearson, Pembroke and Steadman, we held a House Shield competition. Children from Key Stage Two were invited to design a shield to represent their house. Thank you and well done to everyone who participated in this competition. Every child who entered will receive House Points.

The winners will have their design displayed on our Sports Board. The winners are ...

Henshaw House: Daisy (Shark class)

Pearson House: Saffina (Frog class)

Pembroke House: Henry (Shark class)

Steadman House: James (Springbok class)

