

## Spring Term 2023-24 Weeks 1-3

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Macaroni Cheese topped with Fresh Tomato Slice	Chilli con Carne	Roast Chicken Fillet with Gravy	Wholemeal Spaghetti Carbonara	Cod or Salmon Fish Fingers
	Veggie Bean Wrap	Quorn Chilli con Carne	Veggie Toad-in-the-hole with Gravy	Wholemeal Pasta Vegetable Milanaise	Cheese & Tomato Quiche
	Crispy Bread	Jacket Potatoes	Roast Potatoes		Chips
	Sweetcorn	Salad Bar	Spring Greens	Fresh Broccoli Florets	Baked Beans
	Rainbow Vegetable Sticks	Peas	Baton Carrots	Sweetcorn	Peas
	Apple Flapjack	Ice Cream (Frozen Yogurt for Serveries)	Sponge Cake & Jam	Peach & Apple Crumble with Custard	Biscuit Choice

### Week 1 – w/c 8<sup>th</sup>, 29<sup>th</sup> Jan, 19<sup>th</sup> Feb, 11<sup>th</sup> Mar

Week 2	Ham/Pepperoni Pizza	Lasagne Bake	Roast Chicken & Gravy	Sausages	Fish
	Margherita Pizza	Quorn Milanaise	Quorn Fillet & Gravy	Cheesy Whirls	Barbecue Quorn Wrap
	Wedges		Roast Potatoes	Creamed Potatoes	Chips
	Peas	Sweetcorn	Sliced Carrots	Cabbage	Baked Beans
		Broccoli	Runner Beans	Peas	Coleslaw
	Mousse with Fruit Slices	Iced Sponge Finger	Fruit Shortcake and Custard	Chocolate Crispy Cake	Biscuit Choice

### Week 2 – w/c 15<sup>th</sup> Jan, 5<sup>th</sup>, 26<sup>th</sup> Feb, 18<sup>th</sup> Mar

Week 3	Beef Mince Bolognese with Wholemeal Pasta Twirls	Sausage Roll	Roast Chicken with Stuffing & Gravy	BBQ Chicken	Battered Fish Fillet
	Veggie Pasta	Spanish Omelette	Vegetarian Wellington & Gravy	BBQ Quorn Burger	Stuffed Moroccan Pitta Bread
	Garlic Bread Slice	Creamed Potatoes	Roast Potatoes	Rice	Chips
	Carrot, Pea & Sweetcorn Mix	Fresh Broccoli Florets	Cauliflower	Rainbow Vegetable Sticks	Baked Beans
		Baked Beans	Carrots	Sweetcorn	Peas
	Shortbread	Jelly & Peaches	Apple Sponge & Custard	Cheese & Crackers	Biscuit Choice

### Week 3 – w/c 22<sup>nd</sup> Jan, 4<sup>th</sup>, 25<sup>th</sup> Mar

**Freshly Baked Bread, Filled Jacket Potatoes, Salad, Fresh Fruit and Yogurts are available daily**

## Spring Menu 2023-24 Weeks 1-3 – Gluten Free Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Jacket Potato & Fillings	Chilli Con Carne	Roast Chicken Fillet with Gravy	Jacket Potato & Fillings	GF Bubble Fish
				GF Vegetable Pasta	Crustless Cheese & Tomato Quiche
		Jacket Potato	Roast Potatoes		Chips
	Sweetcorn		Spring Greens	Fresh Broccoli Florets	Baked Beans
	Rainbow Vegetable Sticks	Peas	Baton Carrots	Sweetcorn	Peas
	Fresh Fruit	Ice Cream	GF Sponge Cake	Peach & Apple with Custard	GF Biscuit

### Week 1 – w/c 8<sup>th</sup>, 29<sup>th</sup> Jan, 19<sup>th</sup> Feb, 11<sup>th</sup> Mar

Week 2	GF Ham/Pepperoni Pizza	Jacket Potato & Fillings	Roast Chicken & Gravy	GF Sausage	GF Bubble fish
	GF Margherita Pizza				
	Wedges		Roast Potatoes	Creamed Potatoes	Chips
	Peas	Sweetcorn	Sliced Carrots	Cabbage	Baked Beans
		Broccoli	Runner Beans	Peas	Coleslaw
	Mousse with Fruit Slices	GF Sponge Cake	GF Biscuit	Chocolate Crispy Cake	GF Biscuit

### Week 2 – w/c 15<sup>th</sup> Jan, 5<sup>th</sup>, 26<sup>th</sup> Feb, 18<sup>th</sup> Mar

Week 3	Beef Mince Bolognese with GF Pasta	GF Sausage	Roast Chicken with Gravy	Jacket Potato & Fillings	GF Bubble Fish
		Spanish Omelette		BBQ Chicken	
		Creamed Potatoes	Roast Potatoes		Chips
	Carrot, Pea & Sweetcorn Mix	Fresh Broccoli Florets	Cauliflower	Rainbow Vegetable Sticks	Baked Beans
		Baked Beans	Carrots	Sweetcorn	Peas
	GF Biscuit	Jelly & Peaches	GF Sponge Cake	Fresh Fruit	GF Biscuit

### Week 3 – w/c 22<sup>nd</sup> Jan, 4<sup>th</sup>, 25<sup>th</sup> Mar

**Freshly Baked Bread, Filled Jacket Potatoes, Salad, Fresh Fruit and Yogurts are available daily**

## Spring Term 2023 -24 Weeks 1-3 - SOYA ALLERGY MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Macaroni Cheese topped with Fresh Tomato Slice	Chilli con Carne	Roast Chicken Fillet with Gravy	Wholemeal Spaghetti Carbonara	Cod or Salmon Fish Fingers
				Wholemeal Pasta Vegetable Milanaise	Cheese & Tomato Quiche
	Crispy Bread	Jacket Potato	Roast Potatoes		Chips
	Sweetcorn	Salad Bar	Spring Greens	Fresh Broccoli Florets	Baked Beans
	Rainbow Vegetable Sticks	Peas	Baton Carrots	Sweetcorn	Peas
	Apple Flapjack	Ice Cream	Sponge Cake	Peach & Apple Crumble	Biscuit Choice

### Week 1 – w/c 8<sup>th</sup>, 29<sup>th</sup> Jan, 19<sup>th</sup> Feb, 11<sup>th</sup> Mar

Week 2		Lasagne	Roast Chicken & Gravy	Sausage	Fish
	Margherita Pizza	Quorn Milanaise	Quorn Fillet & Gravy		Barbecue Quorn Wrap
	Wedges		Roast Potatoes	Creamed Potatoes	Chips
	Peas	Sweetcorn	Sliced Carrots	Cabbage	Baked Beans
		Broccoli	Runner Beans	Peas	Coleslaw
	Mousse with Fruit Slices	Iced Sponge Finger	Fruit Shortcake	Chocolate Crispy Cake	Biscuit Choice

### Week 2 – w/c 15<sup>th</sup> Jan, 5<sup>th</sup>, 26<sup>th</sup> Feb, 18<sup>th</sup> Mar

Week 3	Beef Mince Bolognaise with Wholemeal Pasta Twirls	Sausage Roll	Roast Chicken with Yorkshire Pudding & Gravy	BBQ Chicken	Battered Fish Fillet
	Veggie Pasta	Spanish Omelette	Vegetarian Wellington & Gravy	Quorn Burger	Stuffed Moroccan Pitta Bread
	Garlic Bread Slice	Creamed Potatoes	Roast Potatoes	Rice	Chips
	Carrot, Pea & Sweetcorn Mix	Fresh Broccoli Florets	Cauliflower	Rainbow Vegetable Sticks	Baked Beans
		Baked Beans	Carrots	Sweetcorn	Peas
	Shortbread	Jelly & Peaches	Apple Sponge	Cheese & Crackers	Biscuit Choice

### Week 3 – w/c 22<sup>nd</sup> Jan, 4<sup>th</sup>, 25<sup>th</sup> Mar

**Freshly Baked Bread, Filled Jacket Potatoes, Salad, Fresh Fruit and Yogurts are available daily**